

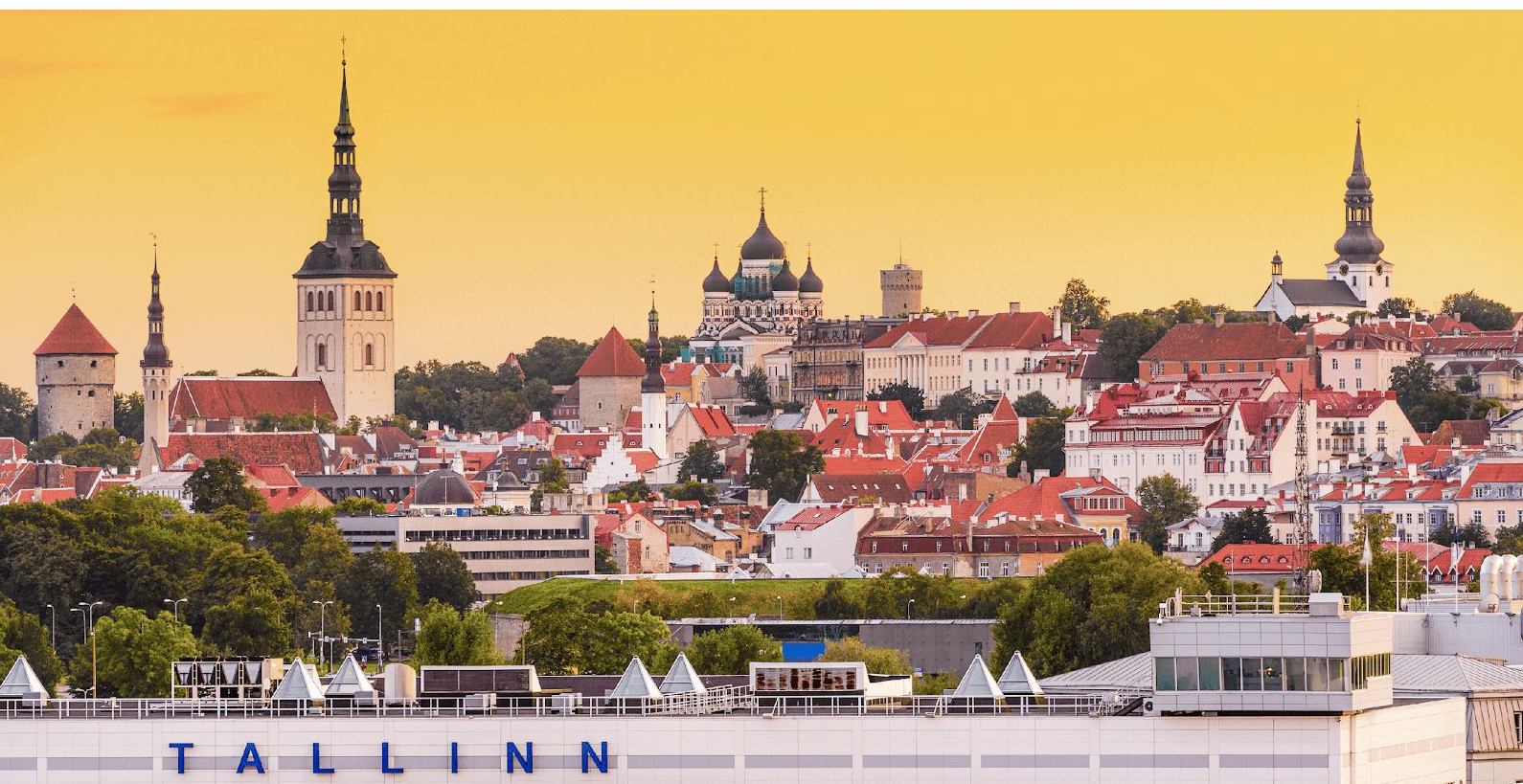
LBG Tallinn

Summer Course 2019

People hate this, see how we made \$\$\$  
with one SIMPLE course

8.-17. July

# SURVIVAL GUIDE



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# What's Estonia like?

Although the smallest of the Baltic countries, Estonia (Eesti) makes its presence felt in the region with its lovely seaside towns, charming country villages, deep forests and rich marshlands, all of which set the scene for discovering many cultural and natural gems. Yet Estonia is also known for magnificent castles, pristine islands and a cosmopolitan capital amid medieval splendour. It's no wonder Estonia is no longer Europe's best-kept secret.

The country has distinctly more women than men. For every 100 females in Estonia, there are 84 men – only the Northern Mariana Islands, a US territory in the Pacific, with a population of around 50,000, has a smaller percentage of males. Estonian women live 10 years longer, on average, which goes some way to explaining it.



## FUN FACTS ABOUT OUR COUNTRY

- We have two very fun sports: wife carrying and swinging (kiiking)
- We have most models per square kilometer.
- Our highest "mountain" is 318 meters high, and we're very proud of it!
- Forests cover 51% of our country



# Cool tourist attractions in Tallinn

## **Tallinn's Old Town**

Tallinn's Old Town is one of the best preserved medieval cities in Europe and is listed as a UNESCO World Heritage Site. In the Old Town we recommend you visit the Town Hall Square. St. Olav's Church and Kohtuotsa viewing platform. Also near the Old Town are important places like Kadriorg Palace, Tallinn Song Festival Grounds and Seaplane Harbour Museum.



## **The Town Hall**

As in the Middle Ages, the Town Hall Square is the heart of the Old Town. Historically, it served as a marketplace, but today is the stage for various events, the most well-known being the Christmas Market. As you may have guessed, the square takes its name from the gothic Town Hall building. During the summer, visitors can climb the Town Hall's tower to a 34-metre-high belfry balcony with views over the Old Town.



## **St. Olav's Church**

If you're not afraid of heights, explore the vertical wonders of the Old Town. St. Olav's Church was once the tallest building in the world during the 15th and 16th centuries. Today, its tower remains the most defining element of the Tallinn skyline, which visitors can ascend during the summer season for magnificent views.



### **Kohtuotsa viewing platform**

Kohtuotsa viewing platform is one of the most photographed places in Tallinn. From here, a panorama including St. Olav's spire, the modern city centre, many of the Town Wall's defence towers and much more can be seen.



### **Kadriorg Palace**

Just a short walk or tram ride from the Old Town, Kadriorg Palace is a stunning jewel of baroque architecture. It was built in the era of Tsar Peter the Great and named after his wife Catherine. Its neatly manicured gardens are home to many museums. While in Kadriorg park, also be sure to visit the next mentioned site.



### **Tallinn Song Festival Grounds**

This arched stage and performance venue hosts Estonia's largest event – the Song and Dance Celebration. It was here in 1988 that the Singing Revolution spurred Estonia's road to renewed independence. This year the Song Festival will also be happening.



### **Seaplane Harbour Museum**

It is Tallinn's most popular museum, and for good reason. The century-old seaplane hangar houses modern maritime exhibits that will educate and entertain guests of all ages. Learn about Estonian history through its connection to the sea, and climb inside a real submarine.





## Arrival Information

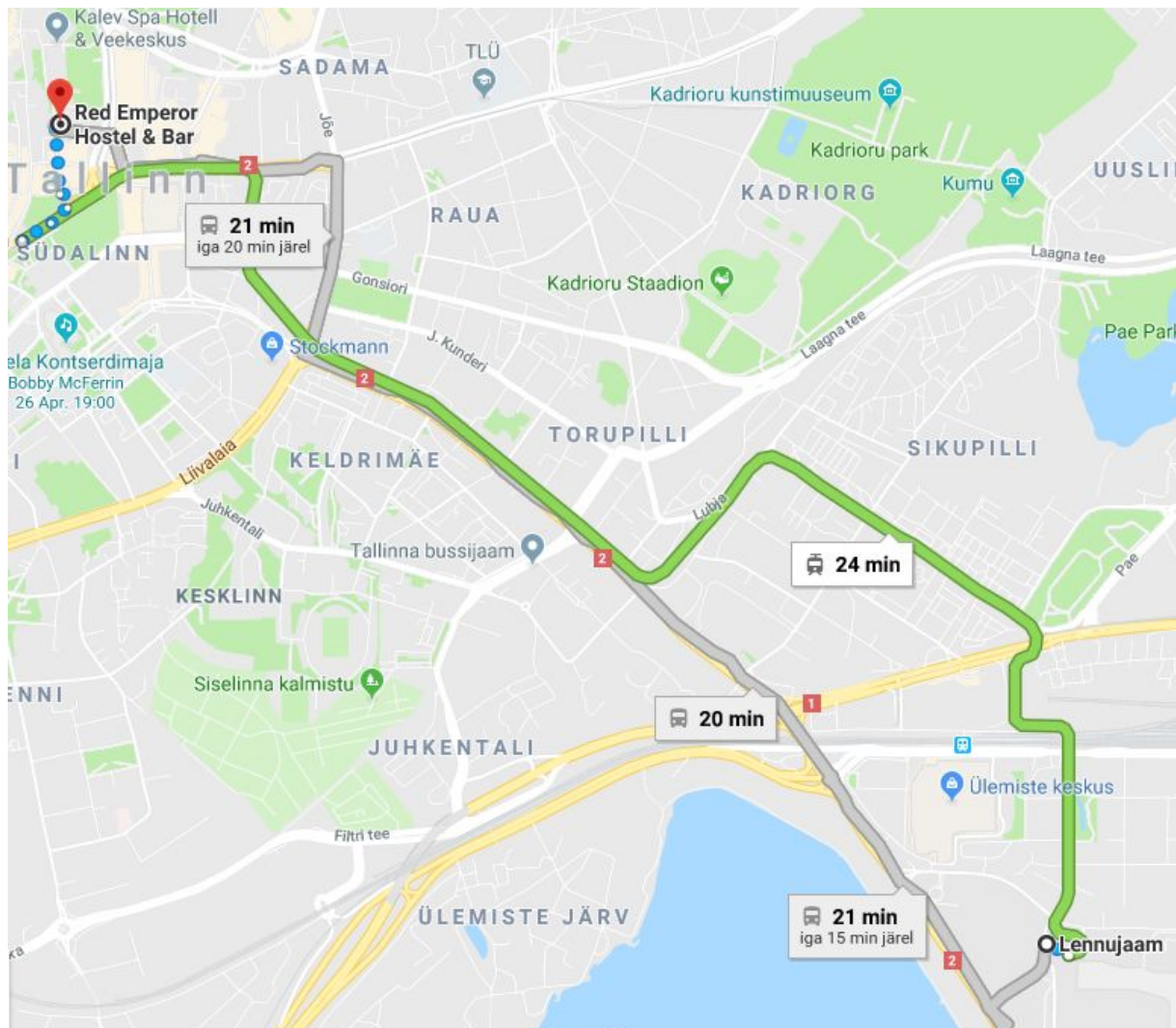
Make sure you buy your bus/train/plane/boat ticket to Tallinn, Estonia. We don't want you arriving in Finland or Latvia.



(But sometimes it's cheaper if you come by bus from Riga for about 7-20€.)

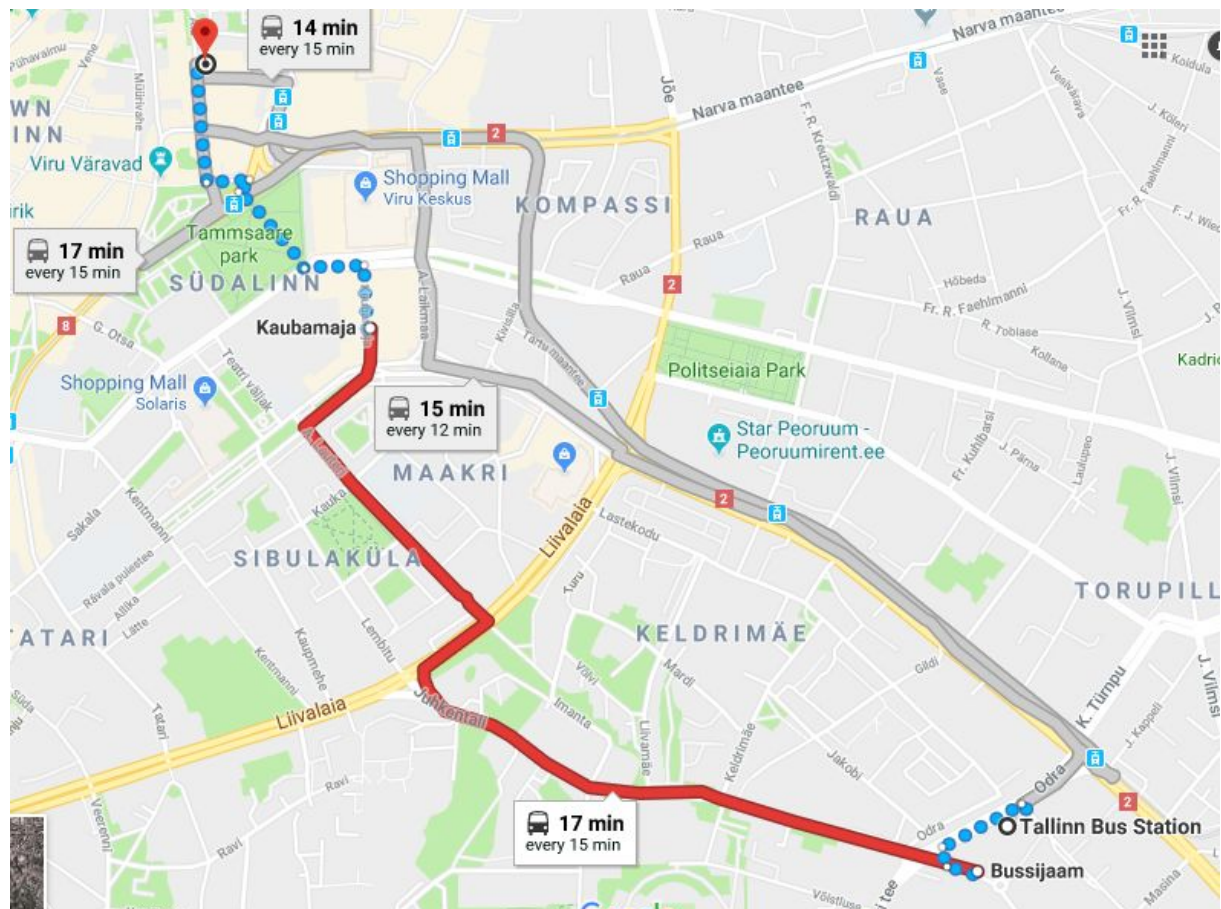
### ARRIVAL BY PLANE

If you come by plane then you can take the tram nr 4 from the airport to “Viru” peatus and walk there to our most likely hostel the Red Emperor which is located on the outskirts of the famous Old Town. You can find the tram stop if you keep walking to the right after exiting the baggage claim of the Airport. Lennujaam is Estonian for Airport.



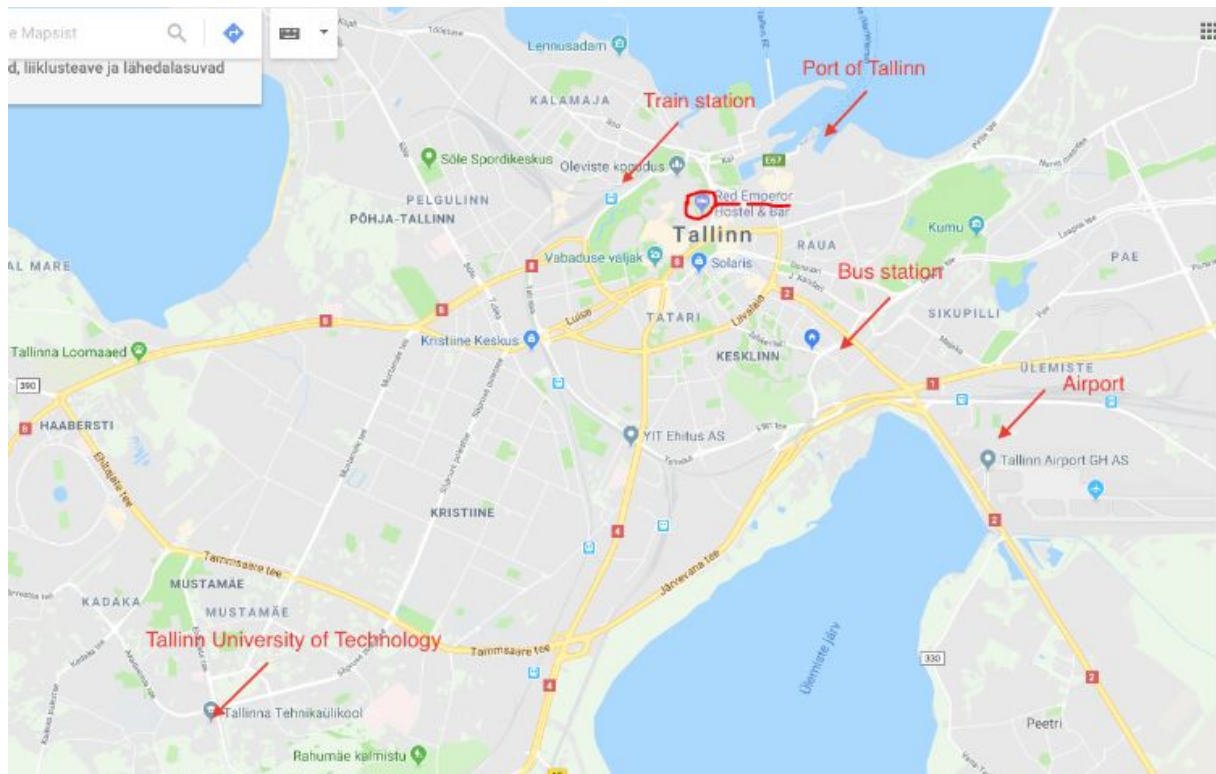
## ARRIVAL BY BUS

If you come to Tallinn by bus, take the bus nr 23 from the bus station and exit the nr 23 bus in "Kaubamaja" stop and walk around "Viru Keskus" to the Old Town, where Red Emperor Hostel is located.



## ARRIVAL BY ANY OTHER MEANS

The address of Red Emperor Hostel is "Aia 10". If you are not able to find your way or can't use GPS to navigate from bus stops to Red Emperor Hostel then just contact any of the organizers and we will help you navigate or if necessary come get you ourselves. The organizers contacts are at the end of this guide. Google Maps is your friend when it comes to commuting in Estonia!





## Some important things you should know

- ✓ Estonian summers can vary from 10 to 25 degrees. It may be sunny or rain all the time. So try to take that into consideration whilst packing.
- ✓ Our BEST office is located inside Tallinn University of Technology, it's address is Ehitajate tee 5. The phone number of our office is +372 620 3625.
- ✓ And don't worry about transportation during the course, we'll handle it and it won't be any extra expense.

## What should you pack?

- ID card/passport or visa if you need it
- Money for extra food, shopping etc
- Big towel (and slippers) for sauna
- Clothes fitting the weather
- Personal hygiene items
- Your medicines (if needed)
- Typical drink and food from your country - for International Evening
- Health insurance if possible (you can obtain a European Health and Insurance Card at [www.ehicard.org](http://www.ehicard.org) for free)
- Student card (for example [www.isic.org](http://www.isic.org))
- Good mood
- Lots of energy
- BEST-Spirit!!



## Useful words & phrases in Estonian

Hello! – Tere!

Goodbye – Head aega!

Good morning! – Tere hommikust!

Good night – Head ööd!

My name is... – Minu nimi on...

Tallinn University of Technology – Tallinna  
Tehnikaülikool

Thank you! - Aitäh!

Sorry – Vabandust

I have a BMW – Mul on bemm

Let's go to the club, I want to dance! –

Lähme kluppi, ma tahan tantsida!

A beer please! – Üks õlu palun!

Let's have a drink! – Joome!

You're beautiful – Sa oled imeilus

I like you - Sa meeldid mulle

I love you - Ma armastan sind

What are you doing tonight? – Mida sa õhtul  
teed?

Cheers! – Terviseks!

Give me the vodka! – Anna viin siia!

I want to sleep – Ma tahan poolt liitrit viina

# Prices in Estonia

## SUPERMARKETS

- 0.5 litre beer ~1...1.5 €
- 0.5 litre Coke ~0,85 €
- 0.5 litre cheap Vodka ~7 €
- 0.5 litre Vana Tallinn ~9€
- Snickers ~0,60 €
- Marlboro ~4 €
- 1 kilo of bananas ~1€
- 1 kilo of apples ~1 €
- 1 kilo of carrots ~0,40€
- 170g potato chips ~1,25 €
- 1 pack of fast noodles ~0,25...0,50 €
- A pack of toilet paper ~1,5 €

## EATING OUT, CLUBBING, DEPENDING ON PLACES

- 0.5 litre beer 2...3 €
- 250 ml Coke 1...1,60 €
- a shot of Vodka/Vana Tallinn 1,60...3 €
- a cup of coffee/espresso 1...2 €
- vodka cocktail/Cuba libre/gin tonic etc.3...5€
- a good meal in the city 4...10 €
- a big mac meal 4...5 €
- eating in the student canteen 1,80...3 €

## TRANSPORTATION

- 1km of cheap taxi in Tallinn ~0,40...0,50 €
- 1 bus-ticket in Tallinn ~1,50 €



## Core team info

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IN CASE OF EMERGENCY CALL

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POLICE, AMBULANCE AND FIRE BRIGADE